



Eating Disorders of York Region presents:

Free educational seminar for individuals seeking treatment and for their family and friends.

Understanding and Treating Anorexia, Bulimia, BED, and Emotional Eating

With Marilyn Strauch, M.A. (C) OACCPP Psychotherapist

Thursday, February 23rd at 6:30-8:30 p.m.

Richmond Hill Public Library

1 Atkinson Street, Richmond Hill, L4C 0H5
(just West of Yonge off of Major Mackenzie)

Are you concerned that you or some one you care about may have eating issues or an eating disorder? This workshop is aimed at understanding and learning how to treat a wide range of unhealthy eating issues and patterns. Using cognitive and experiential techniques this hands-on informative workshop is useful for those beginning to seek treatment and recover and the individuals in their lives who are there to help them in this process.

www.eatingdisorderstherapy.ca

No registration required.

For more information, please call
(905) 886-6632 or email at info@edoyr.com