

Have fun and raise funds for Eating Disorders

BY LEVIANA COCCIA

“Friend-raising” is a term recently coined by the Eating Disorders of York Region (EDOYR), a registered non-profit organization based in Richmond Hill. “Friend-raising” events will help the regional organization raise funds and eating disorder awareness, while helping participants make new friends.

“Friend-raising” also encouraging anyone from York Region to become an ambassador for EDOYR, which provides support for families affected by eating disorders, as well as free group support programs for people of all ages.

Eating Disorders of York is not a government agency and relies on the community to provide this free support as well as telephone help line, outreach and education.

Ambassadors can also help reduce the negative stigma associated with eating disorders.

Ideas for “friend-raising: events include hosting a garage sale, street sale or book sale. A wine and cheese night, spinning event, bowl-a-thon, karaoke night and multiple open mic nights are also suggested fun charity events.

How about hosting a car wash, dog wash or a pet parade, or a lemonade stand, fashion show or even a beauty pageant event just for males, instead of girls and women?

Submit your “friend-raising” ideas to info@edoyr.com.

In related news, Joanne Shinwell, a former member of the Eating Disorders board of directors, arranged a fundraising opportunity at Cedar brae Golf and Country Club’s in Markham July 5 and raise \$525.

This money helps Eating Disorders provide free workshops to the York Region community. The golf and country club also donated a foursome of golf to an online auction on the EDOYR website valued at \$600.

This has encouraged Eating Disorders supporters to host a fundraising golf tournament in 2012. This organization is still looking for a women’s golf association to participate. If you are interested, contact Janice Morgante, the EDOYR executive director, at janice_morgante@edoyr.com.

Eating Disorders annual fundraising event will take place Nov. 26 at the Richmond Hill Centre for the Performing Arts.

Steppin’ Out Theatrical Productions donated 200 tickets to the organization for a matinee performance of “Joseph and the Amazing Technicolour Dreamcoat!”

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